



Get trusted support for your health concerns.

We have the resources to quickly answer your health questions. The more you know, the more you will be empowered to take an active role in making the important decisions.

Sometimes you want immediate answers to your health concerns and you can't wait until morning. Coping with health concerns can be time-consuming and complex. With so many choices, it can be hard to know where to look for trusted information and support.

This service was designed specifically to help make your health decisions simple and convenient by providing:

- Immediate answers to your health questions any time, anywhere — 24 hours a day, 7 days a week.
- Access to experienced registered nurses who have an average of over 4½ years as a NurseLineSM nurse.
- Trusted, physician-approved information to help guide your health care decisions.

When you call, a registered nurse can help you:

- Choose the appropriate medical care for your needs — whether that is an emergency room, doctor visit or self-care.
- Find a doctor or hospital that meets your needs and preferences in your area.
- Understand your diagnosis and explore different treatment options and outcomes.
- Achieve a healthy lifestyle and get tips on nutrition, exercise, health screenings and immunizations.
- Learn how to save money on prescriptions, and take your medications safely and avoid interactions.

Call us any time for health information and support — provided at no additional cost as part of your health plan.

NurseLine



866-201-0017

myuhc.com

TTY 711



This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.